

2019 Novel Coronavirus (COVID-19)

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe illness. The novel coronavirus is a new strain that has been identified as the cause of an outbreak of respiratory illness first detected in Wuhan City, Hubei Province, China. We can all help prevent the spread of the novel coronavirus and all other respiratory illness.

HOW IS IT SPREAD?

Similar to how influenza and other respiratory illness are spread, novel coronavirus may be spread from an infected person to others by:



Coughing and sneezing



Close personal contact



Not washing hands



Touching your mouth, nose, or eyes

SYMPTOMS

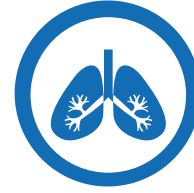
Symptoms may appear in as few as 2 days or as many as 14 days after exposure. Symptoms may include:



Fever



Cough



Difficulty breathing

If you have traveled to or from China and have the above symptoms within 14 days of your travel, contact a healthcare provider before going into the doctor's office or emergency department.

PREVENT THE SPREAD

There is currently no vaccine to prevent the novel coronavirus.

- Wash your hands often with soap and water for at least 20 seconds
- Do not touch your eyes, nose, or mouth with unwashed hands
- Avoid close contact with people who are sick
- Cover your cough and sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect objects and surfaces
- Stay home from work or school if you have a fever or are not feeling well

If you have symptoms, contact a healthcare provider.



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